## **BLU UPDATE APRIL 2013**



## Bring me fun, bring me sunshine, bring me love Sylvia Dee

Whatever the weather, we can look forward to a fun-packed summer at our wonderful Lido. The following events are scheduled for the next few months:

Friday 26<sup>th</sup> April **Swimathon** 7 -9:30am and 5:30 - 7pm. The Swimathon raises money for Marie Curie Cancer Care. <u>Sign up here.</u>

Saturday 4<sup>th</sup> May and Sunday 5<sup>th</sup> May 10am-4pm **The Modern Movement** Back for its sixth year, South London's prestigious, free festival celebrating 20th century design.

A range of specially selected dealers and architects will be selling a stunning range of classic vintage furniture, jewellery and objects d'art.

The main organiser of The Modern Movement is Moses Otunla, owner of the vintage furniture showroom, Bleu, at the junction of Railton Road and Dulwich Road

Saturday 4<sup>th</sup> May 8pm **FREE film: Muriel's Wedding** at the Lido. See <u>information about this and other free films in Herne Hill</u>.

Sunday 2<sup>nd</sup> June: **Windrush Aquathlon**. A swim and a run for those who have never raced and for those aiming for a Personal Best. Events for youngsters from 9 to 15 years, as well as those aged 16 and over. Here's more information.

**Annual Swim Races** at the Lido organised by Lido Mike, aka Mike Johnstone, on Sunday 14th July from 6pm.

Schools Art and Swim sessions: Are you a teacher or a parent? If so, why not recommend the Lido Schools programme to your school for a summer term trip? Bookable now for a two hour morning or afternoon session of an art activity and a swim lesson.

Monday, Tuesday or Wednesday between 20<sup>th</sup> May and 24<sup>th</sup> July with up to 30 children at a cost of £75 for the whole group. More details are here.

Fusion is offering Open Air Active sessions during the summer months. These include Pilates, yoga, and "abs & stretch".

There are many great events in Brockwell Park this summer, in the MAD (Music and Drama) programme.

Until the end of April The Lido Café is offering 50% off the price of hot drinks for all swimmers in the mornings while the water temperature stays under 10°C. Duncan and Daniel, who run the café, are also looking for quality staff for the forthcoming, hopefully, hot summer. Aspiring baristas, bar staff, waiters and kitchen staff should email jobs@thelidocafe.co.uk The Café will be supplying food and drink for all the events listed here.

During the weekend Saturday 29<sup>th</sup> and Sunday 30<sup>th</sup> June an <u>Art exhibition</u> <u>inspired by lidos</u> is being held at 28 Beaulieu Avenue Sydenham SE26 6PP from 11am - 5pm. Photography, paintings and ceramics by Lido swimmer, Rachael Dickens.

Victoria Pendleton visited Brockwell Lido on March 22nd as part of her promotion of **Cycletta**, organised by mass participation events company, Human Race. Following on from her Olympic success in 2012, Victoria is urging women nationwide to get on their bikes at a <u>Cycletta event</u> this year.

Bad news in the **Spa** area where appalling behaviour by a few people continues to spoil the enjoyment of the majority. BLU is encouraging Fusion to take firm action against the few who abuse the spa facilities. We should like to emphasise that bags are NOT to be taken into the spa, and oils and lotions are banned because they pollute the hydrotherapy pool. Please save your ablutions for the showers in the changing room area. In addition we should like to emphasise that you should not eat or drink (apart from water) in the spa area or talk on your mobile. Those who use the spa area like to relax in peace and quiet, and not have to listen to someone else's phone conversation. If you are hungry or thirsty after your spa visit, why not visit The Lido Café?

Also, no good news yet about the **car park** which we are still waiting to be regulated. This issue seems to grind on and on.

Several repairs to the fabric and to equipment have been carried out in the gym and the glass doors to reception have been replaced. Please continue to bring any problems to the attention of Fusion, preferably by filling in a "Please Tell us What You Think" Card, available at reception. Some gym users are still leaving large heavy plates from the Half Rack bench press machine and dumbbells on the floor. This presents a danger to other users so please replace equipment when you have used it. We haven't heard any other news recently from the gym so we hope this means that it has been problem-free this month. Do send BLU your news or personal experiences so we can include them in our Updates.

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