

BLU News! April 2016

April hath put a spirit of youth in everything

William Shakespeare. Sonnet XCVIII

SYNCHRONISED SWIMMING

<u>Synchronised swimming</u> returns to Brockwell Lido on Wednesdays from 4th May - 31st August, 7pm- 8pm. You can book a block of 4 weeks at £40, or pay-as-you-go at £10 per session for adults, £7 per session for children. Participants must be able to swim a length of each stroke. Call the Lido 020 274 3088 for more information or to book.

STREAMLINE SWIMS

Booking is now open for our Brockwell Lido Fit Swim Sessions with Lido favourites Mike and Sarah, starting on: Monday 16th May 7.00-8.00pm

Tuesday 17th May 7.00-7.45am Wednesday 18th May 7.00-8.00pm

An 8 week block is still only £76 includes x 2 swim coaches, use of fins, floats and pull buoys plus free entry to the pool. Early Bird special offer-sign up for Monday and Wednesdays or Mondays and Tuesdays and get £16 off Monday eve sessions price. More info and dates available on Streamline's website

ANIMAL MASK SWIM

On Bank holiday Monday, 2nd May at 9.30am, everyone is invited to an animal mask swim at the Lido. Details will be on Fusion and BLU's twitter feeds and Facebook pages.

2016 AGM BROCKWELL PARK COMMUNITY PARTNERS

The 2016 AGM of Brockwell Park Community Partners will take place on Sunday 24th April in Brockwell Hall, at 11am. Everyone welcome to this important meeting.

WHIPPERSNAPPERS

Whippersnappers is now on <u>Instagram</u>! They provide great kids' activities and parties at their premises at the Lido.

WINDRUSH TRIATHLETES

Windrush Triathlon Club summer timetable kicks off in the next few weeks. Check out for details on sessions and events their website.

THE LIDO CAFE

The Lido Café will be closed from 12pm onwards this Saturday 16th April for a wedding, and then again for weddings from lunchtime on Saturdays 7th and 14th of May. Current pop up chefs Fowlmouths Foods, described as Japanese comfort foods, will be at the Lido Café on Thursday and Friday nights until 29th April. Booking advised.

LUNA CINEMA

Pre-sale booking is now open, and rumour has it that tickets are selling fast! Check <u>Luna's website</u> for details.

SAUNA

A brand new poolside sauna is due to be installed before the end of April. It will occupy the space where the children's play area used to be. Unfortunately, we have lost this because toddlers were frequently left unattended.

BLU ARCHIVE

If you wonder what BLU has been up to since its conception in 2001, you can find out a lot by reading our newsletters in the archive on our website.

HISTORY HEAR PROJECT

Have you heard about the History Hear project, which is aiming to produce an oral history of Herne Hill? Some of the recordings we made for Peter Bradley's wonderful book - Out of the Blue - have been rescued. You can listen to Sammy Dangerous and others on Soundcloud. Sammy worked at the Lido for several years and sadly passed away a few years ago.

LIDO BEANIES

Lido Beanies are available in a myriad of fabulous colours. The only ones not available to Lido users are the red ones. The lifeguards wear these and you wouldn't want to be summoned to jump in in the case of an emergency in the pool!

MODERN MOVEMENT

<u>Modern Movement</u> will take place at Brockwell Lido on Saturday 30th April and Sunday 1st May.

OUT OF THE BLUE

If you enjoy your time at the Lido, whether in classes, at the gym or in the pool, you will want to read its only biography, Out of the Blue, sold by Herne Hill Books in Railton Road and written by Brockwell Lido user, Peter Bradley.

ASPIRING WRITERS

Are you an aspiring writer? Carole Woddis, one of our BLU members who writes for a variety of arts websites, including one called Reviewsgate, has sent us the following:

'Up to date, Reviewsgate has mostly written theatre reviews. They are looking to open it out more into all kinds of other arts — exhibitions, concerts, book reviews, opera, dance etc (we've done a little of the latter in the past but not much). As importantly, we need more reviewers of all ages. It is a responsible job, if you say you'll do a review, we expect you to do it, and if you can't make it, because life often surprises us, PRs have to know. The standard is quite high — you'll need to take a look at the site and some of the reviews to get a sense of what's required; and have some knowledge and some passion for the subject. There's no money, of course, but freebies that will get you into the various events.'

If you're interested. please let us know via info@brockwelllido.com and we'll forward your details to Carole. Please mark your email REVIEWSGATE.

BRIXTON WOMEN'S THEATRE GROUP

Brixton Women's Theatre Group is holding an open session (£3) on Monday 18th January 7-9 in the Whippersnappers' room at Brockwell Lido. They say -

'We are exploring Female Archetypes from Greek Theatre, and how these relate to modern women. Each week we build on the stories and images that women create in order to gain a collective sense of modern women's experience. As an ensemble we work in a way that is explorative, physical, and instinctive, with different ages and capabilities, drawing on our strengths. If you desire to work creatively with other women come and try out the work and see if you like it. We are aiming to start a devised project in May; if you are available, willing and suitable for the piece we will offer you a place on the project.'

Group members pay £8 per session. To join the open session please contact Amy: amy_i_sands@hotmail.com

SPORT RELIEF 2016 AT BROCKWELL LIDO

Swimathon 2016 came a month earlier than in 2015 which brought some colder temperatures for the brave swimmers that took part! Over the Friday & Saturday we had 24 participants brave the fresh 8.8 degrees of Brockwell Lido swell, this was a particularly challenging Swimathon with only 14 of the 24 managing to finish their chosen distance challenges. A massive congratulations to:

Wendy Palmer, Ruben Douglas-Smith, Emma Thomson, Lauren Tompkins, Leo Mills, Samantha Bainbridge, Sonia Castro, Shona Rowden, Ed Errington, Noelene Dasey, Peter Wright. With special mention to Peter Wright & Ed Errington for completing the 5k individual distance in such cold water!