

## **BLU UPDATE - JANUARY 2012**

BLU wishes all our members a **Happy New Year** and good times at the Lido in 2012.

Two or three people from the **BLU committee** meet with General Manager, Clare Motton at least once a month to discuss users' issues. Please get in touch with us at <a href="mailto:info@brockwelllido.com">info@brockwelllido.com</a> if there is anything you would like us to raise. We know that some people think we only represent pool users but that is not the case. **BLU represents ALL Lido users**, whether gym bunnies, yoga people, spinners, pole fitness freaks, Whippersnappers, café brunchers, and even swimmers

The new **gym and classes programme** is available from reception and online.

Consultation about the **gym refurbishment** has been lively. Two open meetings have been held to discuss the proposals. The consultation period was extended until 16<sup>th</sup> January. Fusion hope to come up with a revised and final plan shortly and this will be presented at a further meeting (details will be announced on Twitter). The aim is to complete all the work by June. Partial closures of the gym would seem inevitable while redecorating is going on and new machines are being installed but BLU is assured that the disruption to gym users will be kept to a minimum.

Please leave your stuff in a **changing room locker** and don't leave anything around in the gym. Please remember not to leave anything in changing room lockers overnight. As of this month, items left overnight will be removed

Pole Fit is back at the Lido with free taster sessions if you haven't tried it yet. Beginners' class starts Friday 27th Jan 7.45pm-8.45pm. Mixed Intermediate class starts Thursday 26th Jan 6.45-7.45pm

The volume of **music in the gym** has been modified to allow people to listen to their own music and to create a calmer atmosphere. When a spin class is underway, the gym music will be switched off. There is a quiet gym session with no music each Tuesday morning from 6.30 to 9am.

The **carol concert** on 19th December was a huge success with £650 being raised for St Christopher's Hospice. This is now an annual event.

**Pool repairs** have been completed. The plan was for the contractors to re-do the repairs and painting that had suffered from severe weather last winter. However, more serious damage was discovered and this had to be put right. Now, all repairs are complete but painting has had to be delayed until the weather is milder. The consequence of all this is that the delayed **winter swim** that was reprogrammed for January 21st **has been cancelled.** We will have to wait until December 2012 for the next exciting and exhilarating mid-winter dip. It also means that the winter swimming programme will not start until next winter.

The **pool** is scheduled to open at the beginning of April.

The hydrotherapy pool in the **spa** continues to have problems. partly caused by users using lotions and oils, which then get into the filtration system. Please do not use any of these things and remember to shower before getting into the hydro pool.

The Lido Café has re-opened for evening meals from Tuesday to Saturday. It is also open every day from 9am for breakfast, coffee, and lunch. Every Wednesday evening the café offers a home-made burger with hand cut chips with either a beer or a glass of house wine for just £9. See www.thelidocafe.co.uk

The **car park** continues to be abused by commuters, shoppers and irresponsible able-bodied people who park in disabled bays. Not for much longer. Soon, we will have a supervised car park with penalties for mis-use. In the meantime, please examine your conscience!

Preparation has begun for planting a **wild flower meadow** on the slope behind the Lido. BLU contributed £200 towards this initiative as did the Friends of Brockwell Park, the Herne Hill Society and the Herne Hill Forum.

Don't forget - your Lido Choice membership gives you **free admission** to all other Fusion centres including the refurbished pool at East Dulwich. It's a lot warmer than the Lido! Your membership card also gets you 10% off in The Lido Café.

**Whippersnappers** at Brockwell Lido has fantastic classes and activities for babies, toddlers, children and teenagers. Also hosts birthday parties. See their programme at www.whippersnappers.org